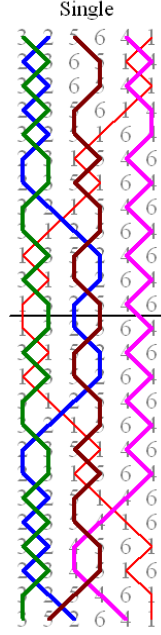
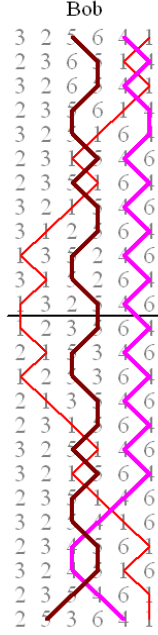
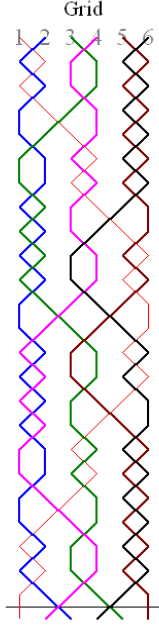
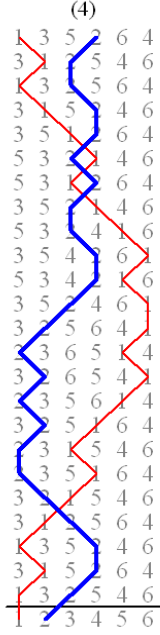
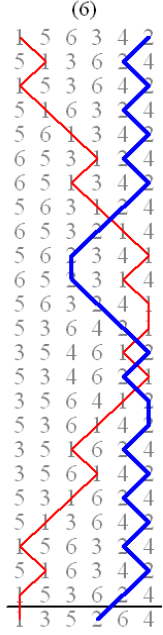
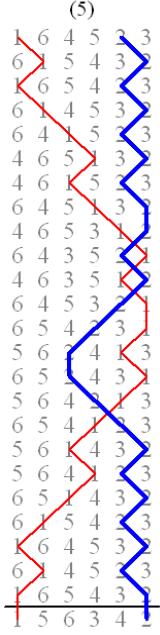
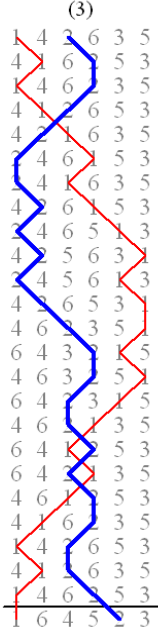
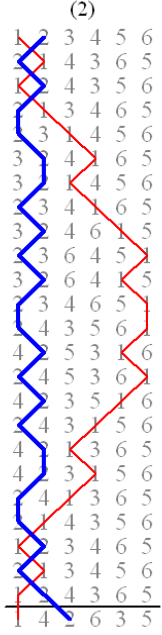
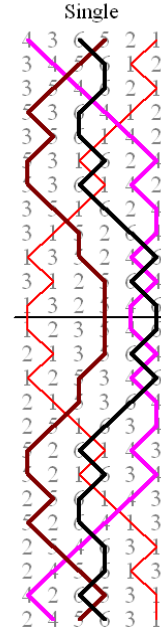
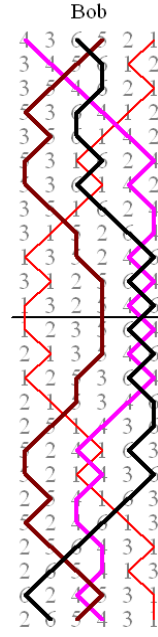
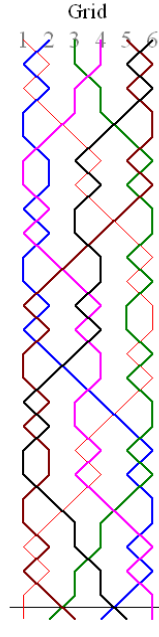
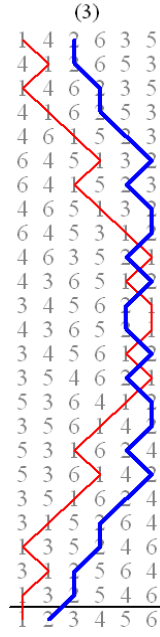
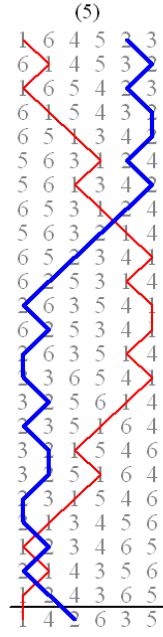
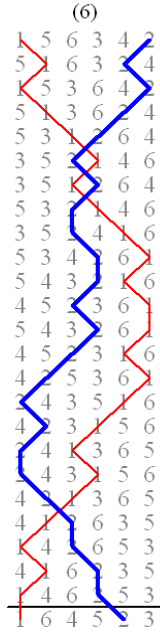
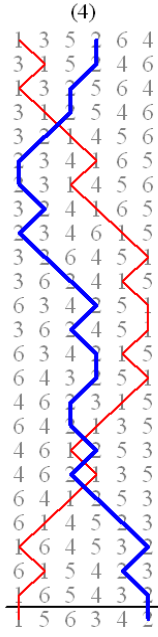
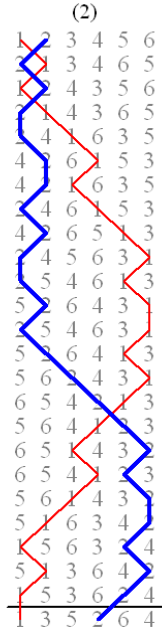




# Northern District

## "Beyond Plain Bob" Training Notes - Session D



### NORWICH SURPRISE MINOR

(34-4-2-3-34-1 LH1)

### OSWALD DELIGHT MINOR

(34-34-1-2-3-4-5 LH1)

Note: Oswald is Cambridge below treble and Kent above